Your Spare Change = Change Starts

Donation per pay (26 pay periods)	Annual Donation	How much is that?	What COULD YOU spend this amount on each week?	What COULD A UNITED WAY FUNDED AGENCY do with a donation of this amount?
\$80	\$2080	\$40/week	One Starbucks Coffee with a Muffin each day	 Provide a grocery basket w/ milk, bread, eggs, fruits, vegetables, & meats to food-buying participants
			One IceCaps Ticket	 Give a person with a disability access to career training and work placement
\$40	\$1040	\$20/week	A Manicure or Pedicure once a month	 Subsidize a free foot-care session every 6 weeks for up to 6 clients, otherwise unable to avail of these services
			 Lunch "On-the-Go" twice a week 	 Provide 4 meals a week to vulnerable seniors, singles and families.
\$20	\$520	\$10/week	A Gym MembershipA Weekly Magazine	 Provide 20 swimming lessons for 12 youth who could not afford them otherwise
			Subscription	 Provide tutor training manuals for 10 new tutors who will help children with low literacy skills
\$10	\$260	\$5/week	A Parking Meter for 2 hrs, once a week, downtown	Offset the cost to participate in a weekly family support program for 2 rural families living with a family member suffering from an Eating Disorder
			 One Lotto Ticket (including Tag & Twist) 	• Help 50 seniors better understand the importance of a healthy/active lifestyle in the management of diabetes
\$4	\$104	\$2/week	 The Weekend Paper One Bottle of Water 	Help five at-risk youth learn how to improve their literacy and communication skills.
			• One bottle of Water	• Maintain a sensory garden used in therapeutic practices by children and adults on the Autism Spectrum Disorder
\$2	\$52	\$1/week	 Not even a Lotto Ticket 	Give a child one half-hour phone counseling session
			One \$0.99 ITunes Selection	 Send one child to summer challenge camp